

ITK CAREGIVERS KNOW THE FACTS ABOUT

CORONAVIRUS



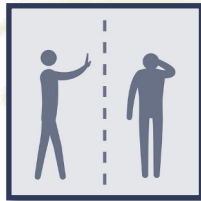
KEEP YOURSELF SAFE



Wash hands frequently with soap and water for 20+ seconds.



Do not touch your eyes, nose, or mouth with unwashed hands.



Do your best to avoid people who are sick.



Avoid crowded places.

KEEP CLIENTS SAFE



Wash hands frequently with soap and water for 20+ seconds.



Stay home and stay away from clients if you are sick.



Clean frequently touched surfaces often.

KNOW THE SYMPTOMS



Fever



Cough



Trouble Breathing

ADDITIONAL SYMPTOMS:

- Chills
- Shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

WHAT ABOUT MASKS?

The CDC recommends **EVERYONE** wear a cloth face covering "in public."

Always wear a mask if . . .

- You are a healthcare worker *providing* close, personal care to clients, whether you have symptoms or not.
- You are a home care client *receiving* close, personal care, whether you have symptoms or not.

NEED AN INFECTION CONTROL REFRESHER?

Check out these courses from **intheknow**:

INFECTION CONTROL
IN HOME CARE

HANDWASHING

STANDARD PRECAUTIONS

AND MORE!

intheknow
CAREGIVER TRAINING

877-889-5515

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Contact a doctor right away if you or your client have these symptoms. Report your symptoms before you go to your appointment.
DO NOT SHOW UP TO A DOCTOR'S OFFICE UNANNOUNCED!